



## CountyAthletesProgramme Athlete Profile Form

**Name** Kimberley Woods

**Picture**

**Sport** Canoe Slalom



**How Long have you been doing your sport?**

3 years

**What influenced you to take up the sport?**

My Aunt was in the British canoe slalom team and influenced me in trying the sport. I went to Peterborough and tried slalom in a beginners event, enjoyed the challenge and competing against other people and wanted to carry on and build up my skills

**What have you achieved in your sport?**

The end of 2007 I won the best newcomer to division 1 and was ranked 28th and ranked 2nd in the J12 category I am currently number 31 in division 1 and ranked 6th in the national rankings and 3rd in the junior 14. I have been selected to paddle for England and competed in the pan Celtic cup in Scotland.

**What are your future aspirations in your sport?**

Develop my skill base and consolidate my position in the national division 1 and qualify for the sport England winter development squad. Next year I expect to get promoted into the premier division and take part in the junior team selection events and make the British junior team

**How often do you train?**

Monday nights at Draycote, Wednesday night at hillmorton. Every week end attending events when not competing doing judges runs and practice runs. Training camps as they are offered by sport England and Bala CC

**Why do you enjoy participating in sport?**

The reason why I enjoy canoeing is because it's fun and enjoyable. I like doing river trips, it takes me to all different places that I wouldn't do if I didn't canoe. It's a fun sport to do and I've met loads of nice people there.